Why Study Physical Education

Do you like PE and sport? Do you like learning new sports? Would you like to be rewarded for playing the sports you enjoy? Would you like to study PE and sport? If you have answered YES to these questions, then you will enjoy GCSE Physical Education.

GCSE Physical Education consists of both practical and theory-based lessons. Theory lessons are classroom based and involve writing, discussion and homework. Theory work is assessed through written examinations and is worth 60% of the final grade.

You Will Learn How To:

- Develop and apply advanced skills and techniques in a variety of sports
- Select and apply advanced skills, tactics, strategies and team skills
- Evaluate and improve sporting performance

Coursework (Practical):

This will be 40% of your overall result. You will be assessed in individual and team activities, these include (but not limited to): football, dance, rugby league, rugby union, golf, athletics, badminton, trampolining and netball. You will also be tested on your ability to analyse a person's sporting performance.

Those pupils who participate in activities outside of school can be assessed by either a coach or teacher, improving their chance of gaining higher grades. Examples of this include Karate, Hockey and Horse-riding.

2 Written Papers (1 hr 45 and 1 hr 15):

Both papers will be have multiple-choice, short and extended answer questions.

The content you will cover:

- Anatomy and physiology
- Sports psychology
- Physical training
- Movement analysis

Summary

5 lessons over the two-week timetable consisting of 3 classroom-based and 2 practical lessons.

40% Practical coursework.

60% Written in the form of written examinations.

For further information please contact Mr Lamb.